

Health Claims usable
with **Vemma**



HEALTH CLAIM***VERMA**

contributes to normal energy-yielding metabolism	thanks to biotin, magnesium, niacin, pantothenic acid, vitamin B2 (riboflavin), thiamine, vitamin B12, vitamin B6, vitamin C
contributes to normal functioning of the nervous system	thanks to biotin, magnesium, niacin, vitamin B2 (riboflavin), thiamine, vitamin B12, vitamin B6, vitamin C
contributes to maintenance of normal hair	thanks to biotin, selenium
contributes to maintenance of normal skin	thanks to biotin, niacin, vitamin B2 (riboflavin), vitamin A
contributes to maintenance of normal nails	thanks to selenium
contributes to normal red blood cell formation	thanks to vitamin B12, vitamin B6
contributes to normal blood formation	thanks to folate
contributes to normal function of the immune system	thanks to folate, selenium, vitamin A, vitamin B12, vitamin B6, vitamin C, vitamin D
contributes to reduction of tiredness and fatigue	thanks to folate, magnesium, niacin, pantothenic acid, vitamin B2 (riboflavin), vitamin B12, vitamin B6, vitamin C
contributes to normal muscle function	thanks to magnesium, vitamin D
contributes to maintenance of normal bones	thanks to magnesium, vitamin D
contributes to maintenance of normal teeth	thanks to magnesium, vitamin D
contributes to electrolyte balance	thanks to magnesium
contributes to maintenance of normal red blood cells	thanks to vitamin B2 (riboflavin)
contributes to maintenance of normal vision	thanks to vitamin B2 (riboflavin), vitamin A
contributes to normal function of the heart	thanks to thiamine
contributes to regulation of hormonal activity	thanks to vitamin B6
contributes to normal collagen formation of the normal function of blood vessels, bones, cartilage, gums, skin, teeth	thanks to vitamin C

* Based on the EU list of permitted 'function' claims ('Art. 13 list') REGULATION (EC) No 1924/2006 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL of 20 December 2006 on nutrition and health claims made on foods.

Please note that the above claims are only permitted if connected with particular nutrient or other substance, not with a product itself and only if all necessary conditions for the use of these claims are met.